



CAFÉ MENU



Mount
Congreve
Gardens

A faint, light-colored map of the Mount Congreve Estate is visible in the background. The map shows various streets and landmarks, including Fairbrook Mills, Ballyduff, Adamstown, Three Mile Bridge, Whitefield, McConruff, and Buttersstown. The map is oriented vertically, with the top of the page at the top of the map.

Introduction

THE STABLES CAFÉ AT MOUNT CONGREVE

The Stables Café is located in the heart of County Waterford and open year-round, in the world-renowned Mount Congreve Gardens, a haven for plant and history lovers alike, as well as for those simply looking to relax in nature. Boasting one of the largest private collections of plants in the world, the entire collection features plants from every continent.

Led by Chef J.B Dubois, our menu features local produce from Waterford County, offering guests a taste of the region's finest ingredients. This emphasis on local sourcing promotes sustainability by reducing transportation, minimal waste and supporting local communities and suppliers. The menu changes with the seasons, showcasing the produce that is freshest and most abundant at different times of the year. This practice demonstrates a commitment to sustainability by using ingredients that are in season and reducing reliance on imported produce. They demonstrate a commitment to sustainability, local sourcing, and empowering local communities. With a focus on seasonal availability, a no-waste policy, and support for local suppliers, the restaurant is leading the way in sustainable dining and responsible hospitality. Where possible we feature key ingredients grown and foraged from Mount Congreve Estate.

The Stables Café & Mount Congreve Gardens are easily accessible by car from the N25, or directly from Waterford Greenway by foot or bike, making it an ideal location for your next event.

mountcongreve.com

Introduction

OUR ETHOS...

We at The Stables Café in Mount Congreve Gardens are committed to creating a sustainable garden environment and welcoming visitors of all ages, abilities and cultures. We embrace our responsibility for environmental stewardship and are committed to integrating consistent environmental practices and sustainability principles.

All our wastewater is treated naturally in an integrated constructed wetlands close to the main gate. Designed to function as a natural wetland, the treatment system has low energy consumption and carbon emissions, enriches biodiversity and is completely sustainable – a win-win for us and nature.

Our ethos is to be as sustainable as possible by using fresh produce from our walled garden and working closely with our gardeners to provide guests with healthy seasonal produce. By doing so, reduce our carbon footprint, food waste, and provide natural food free from additive and chemical preservatives whilst supporting artisan producers from Waterford and the island of Ireland.

	FALLEN TIMBER - LIVES AGAIN - AS FURNITURE	ORGANIC WHERE POSSIBLE	B
C		SUPPORT LOCAL SUPPLIERS	E
O	COMPOSTING OF FOOD WASTE		E
M	THE GARDENS ARE FERTILISED WITH MANURE FROM A LOCAL FARM		P
P	PART OF THE BIODIVERSITY TRAIL	SUSTAINABLE PACKAGING	O
O			L
S	DONATION OF TO 2KM LAND TO THE WATERFORD GREENWAY		L
T	270 YEARS OF SUSTAINABLE GROWING AND STEWARDSHIP		I
A			N
B	HEAT TRANSFER PUMP - AIR TO WATER		V
E	LIGHTS ON TIMERS	COLLECTION OF RAINWATER FOR PLANTS	E
			S
C	REMOVAL OF ALL COMBUSTIBLE MACHINES IN FAVOUR OF ELECTRIC		P
U		GROWN ON-SITE SEASONALLY	A
P	ELECTRIC CHARGING POINTS		T
S		COMPACTER FOR CARDBOARD	H
	INTEGRATED PEST MANAGEMENT & WEED CONTROL		S

The Stables Café Menu

OUR CAFÉ MENU



Mount
Congreve
Gardens

The Stables Café Menu

REFRESHMENTS



Mount
Congreve
Gardens

LEAF

Breakfast Tea - €3.30

Herbal Tea - Choose: Green Tea, Wild Berry, Camomile, Earl Grey, African Rooibos or Decaff €3.70

BEAN

Americano - €4.00

Short Black - €4.00

Double Espresso - €3.60

Macchiato - €3.80

Cortado - €4.20

Flat White - €4.20

Cappuccino - €4.20

Latte / Chai Latte - €4.20

MELTED

Kids Hot Chocolate - €3.80

Milk Hot Chocolate - €4.50

White Hot Chocolate - €4.50

Milk Choc Mocha - €4.80

White Choc Mocha - €4.80

Babyccino - €2.50

Puppuccino - €2.50

ICED

Iced Tea - €4.50 (*lemon or peach*)

Iced Americano - €4.00

Iced Latte - €4.50

Iced Cappuccino - €4.50

CHILLED

Still Water - €3.30

Sparkling Water - €3.30

Coca-Cola - €3.35

Sprite - €3.35

Fanta - €3.35

Fentimens - €4.00

Vit-Hit - €3.80

Kombucha - €4.00

SQUEEZE

Fresh Orange Juice - €4.50

Apple Juice - €4.20

EXTRAS

- + Add Mallows 50c
- + Add Cream 50c
- + Syrup Shot 60c
(vanilla, caramel or hazelnut)
- + Alternative Milk 60c
(almond, oat, soya or coconut)
- + Coffee Shot €1.00

Proudly Supporting our Local Waterford Suppliers;

Seagull Bakery, Walsh's Bakehouse, Mellery Eggs, Lisduggan Farm, Mount Congreve Gardens, Derek Walsh, Knockanore Cheddar, Freezin' Friesian,

The Stables Café Menu

BREAKFAST



GRAINS

Porridge (V) - Flahavan's Milled Organic Oats served with:

- **Bee Keeper** - Mileeven Honey & Seeds

or

- **Brambles** - Berry Compote & Natural Yogurt

€8.00 {7,8}

Yoghurt & Granola (V) - Our homemade probiotic yoghurt served with preserve & granola

€7.50 {1,7,8}

GRILL

The Mini - Fried Egg, Sausage, Sautéed Potatoes, Black Pudding, Tomato Chutney & Sourdough Toast

€12.00 {1,3,7,10,12}

The Works - Fried Free Range Duck Egg, Black Pudding, Lisduggan Farm Pork Sausages, Dry Cured Bacon, Grilled Mushroom, Tomato Chutney, Sautéed Potatoes & Sourdough Toast

€16.00 {1,3,7,10,12}

Garden Breakfast (V) - Homemade Baked Cannellini Beans, Mushroom Stuffed with Roast Pepper Quinoa, Root Veg Lox, Rocket & Sunflower Seed Pesto, Tomato Chutney & Sourdough Toast. *(Add Bacon + €4)*

€15.00 {10}

Waterford Blaa - Walsh's Bakehouse Blaa [floury bap], Filled with Grilled Bacon, Sausages, Fried Free Range Egg, Caramelised Onions & a dollop of Spiced Ketchup.

€11.50 {1,3,7,10,12}

(+ Add Sauteed Potatoes €3.50)

BAKED

Scones - Freshly baked with Fresh Cream & Preserves - €4.5

{1,3,7}

CRACKED

Eggs & Toast - Two Scrambled Free Range Eggs on Sourdough Toast Slices with Chives & Crème Fraîche

€9.50 {1,3,7,12}

+ Sausages (2) €4.0

+ Bacon (2) €4.0

Greenway Eggs - Poached Free Range Hen's Eggs, Wilted Greens on Homemade Potato Farl with Red Onion Jam, & Herbed Yogurt

(Add Chorizo + €3.5)

€13.50 {1,3,7,10,12}

Omelette - Three Egg Omelette with Soft Goat's Cheese, Garden Greens with Grilled Lisduggan Farm Bacon & Sourdough Toast

€15.00 {1,3,7}

FLIPPED

Pancakes - Three Pancakes Topped with; {1,3,7,12}

- Traditional Lemon Wedge & Sugar - €12.00
- Mixed Berry Compote & Fresh Cream - €14.00
- Organic Maple Syrup & Grilled Bacon - €14.50

{1,3,7,12}

French Toast - Traditional Style Topped with; {1,3,7,12}

- Mixed Berry Compote & Fresh Cream - €14.00
- Maple Syrup & Grilled Bacon - €14.50

{1,3,7,12}

Pork Sausages (2) - €4 | Irish Bacon (2) - €4 | Fried Egg - €2
 Breakfast Potatoes - €3.5 | Black Pudding Portion - €4
 Mushrooms - €3 | Tomato - €2.5 | Berries - €2 | Maple Syrup - €2
 Homemade Cannellini Beans - €3 | Toast & Jam - €4

— The Stables Café Menu

KIDS BREAKFAST



Mount
Congreve
Gardens

EGGS

Toast & Eggs - Free-range Hen's Eggs & Toast
 €6.00 {1,7} (add bacon + €3)

Omelette - Two Egg Cheese Omelette & Toast
 €6.00 {1,3,7,12} (add bacon + €3)

BLAA

- **Sausage Blaa** - Lisduggan Farm Sausages with a Toasted Walsh's Blaa or
- **Bacon Blaa** - Lisduggan Farm Bacon with a Toasted Walsh's Blaa

€6.50 {1,3,7,10,12}

PANCAKES

Kids Pancake & Maple Syrup - Two Pancakes topped with Maple Syrup (add bacon + €3)
 €7.50 {1,3,7,10,12}

Kids Pancake with Chocolate Sauce - Two Pancakes with Chocolate Sauce (add bacon + €3)
 €7.50 {1,3,6,7,8-Hazelnut}

FULL OF GOODNESS

Porridge - Flahavan's Porridge Oats with Mileeven Honey
 €6.00 {7}

Yoghurt & Granola (V) - Our homemade probiotic yoghurt served with preserve & granola
 €7.50 {1,7,8}

LITTLE BARISTAS

- **Babyccino** - Steamed Milk with Chocolate - €2.50
- **Kids Hot Chocolate** - with Cream & Mini Mallows - €4.00
- **Freshly Squeezed Orange Juice (kids-sized)** - €3.50

Allergens: 1. Wheat/Gluten, 2. Crustacean, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soy, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphites, 13. Lupin, 14. Molluscs

The Stables Café Menu

LUNCH



Mount
Congreve
Gardens

SOUP

Garden Soup (V) - Homemade Soup of the Day served with our Estate Brown Bread & Flavoured Butter

€8.50 {Allergens: See Specials}

SANDWICH

The Classic - Seagull Bakery Sourdough Toastie with Lisduggan Farm Ham, Smoked Knockanore Cheddar, Caramelised Onion & Tomato with Garden Leaves.

(Add Hand Cut Chips €5)

€11.00 {1,7,10}

Soup & Sandwich Combo - Half Sourdough Toastie (Classic or Daily Special) Served with Soup of the Day.

€12.50 {Allergens: See Specials}

+ See Sandwich Specials of the Day - Ask Your Server

FROM THE PATCH

Beetroot & Goats Cheese Salad - Toasted Chia Seeds, Candied Walnuts, Ardsallagh Goat's Cheese, Rosemary Roasted Tom Cleary's Beetroot, Pickled Beetroot & Beetroot Crisps.

€15.50 {8 - Walnuts, 10}

Chicken & Bacon Salad - Roasted Pepper Millet, Chargrilled Chicken, Lisduggan Farm Smoked Bacon, Pickled Cucumber & Confit Garlic Dressing on Garden Leaves.

€16.50 {10}

CRACKED

Lunch Omelette - Three Egg Omelette with Ardsallagh Goats Cheese, Confit Tomatoes, & Scallions, Garden Leaves & Lyonnaise Potatoes. (Add Bacon + €4)

€15.50 {8,7,10}

BAKED

The Stables Quiche - Knockanore Cheddar, Baked Ham & Caramelised Leeks Quiche served with Garden Leaves.

€14.50 {1,3,7,10}

Homemade Sausage Roll - Sage & Onion Sausage wrapped in Homemade Rough Puff Pastry served with our Tomato Chutney & Garden Leaves.

€12.50 (Add Chips + €5) {1,3,7,10,12}

BLAA BOY!

{Definition: Floury Waterford Bap}

Crispy Chicken Burger - Our Breaded Feighcullen Farm Chicken Fillet with Red Onion Jam, Saffron Aioli & Garden leaves in a Soft Floury Blaa with our Hand Cut Chips.

€17.00 {1,3,7,10,12}

Pulled Pork Bap - Our Pulled 'Kilmacthomas' Pork with Moroccan Spices, Spiced Tomato Ketchup, Red Cabbage & Fennel Slaw with our Hand Cut Chips.

€17.00 {1,7,9,10}

Carrot & Corriander Burger - Our Homemade Carrot & Coriander Burger, Rocket Pesto & Cured Root Vegetables LoX in a Floury Blaa with Hand Cut Chips

All €17.00 {1,10,11}

SIDES

Hand-cut Chips with Rosemary Sea Salt - €5

Soup Cup - €5

Bread Plate with Hummus & Flavoured Butter - €5

Garden Side Salad - €5

Sauces / Chutney / Relish - €1.5

Allergens: 1. Wheat/Gluten, 2. Crustacean, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soy, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphites, 13. Lupin, 14. Molluscs

The Stables Café Menu

KIDS LUNCH



Mount
Congreve
Gardens

SOUP

Soup Cup (V) - Kids Sized Homemade Soup of the Day served with a slice of Farmhouse Brown Bread

€6.00 {1,7}

SANDWICH

- **Half Sandwich** - Half Sourdough Toastie (Ham&Cheese or Special) {1,7} or
- **Sausage Blaa** - Sausages in a Flourey Waterford Bap

€6.50 {1,12}
+ Add a Scoop of Chips +€3.5

BIGGER BITES

Chicken Goujons - Homemade Chicken Goujons Served with Hand-Cut Fries

€9.50 {1,3,7}

Pork Sausages - Lisduggan Farm Pork Sausages Served with Hand-Cut Fries

€8.50 {1,2}

Daily Special - Half Portion

€10 {Allergens: See Specials}

FULL OF GOODNESS

Omelette - Two Egg & Knockanore Cheddar Omelette with Sourdough Toast

€7.50 {1,3,7}

Little Gardener - Bacon & Crostini Salad with Greens.

€9.50 {1,10}

SWEET TREATS

- **Chocolate Brownie** - Homemade Brownie & Ice Cream - €6.00
- **Cookie** - €3.50 (+Add Ice-Cream +€3)
- **Ice Cream, Chocolate Sauce & Homemade Biscuit** - €5.50
- **Pancakes & Chocolate Sauce** - €7.00

The Stables Café Menu

CAKES & BAKES



Mount
Congreve
Gardens

TREATS

Chocolate Chip Cookie - €3.50 {1,3,6,7}

Black Sesame Shortbread Biscuits (2) -€3.50 {7,11}

Stables Brownie - Homemade Chocolate & Beetroot Brownie, Poppy Seeds, served with Cream or Ice Cream
€6.00 {1,3,6,7}

Stables Flapjack of Flahavan's Organic Oats & Honey
€3.50 {1,7}

Raw Chocolate & Hazelnut Truffles (3) -€4.50 {8-Hazelnut}

CAKE SLICE

- **Cake of the Day**
- **Cheesecake of the Day**
- **Fruit Tart / Crumble of the Day**

€6.50 {Ask Your Server for Allergen Info}

BAKES

Freshly Baked Scones - Scone of the Day served with Fresh Cream & Preserves

€4.50 {1,3,7}

ICE CREAM

Ice Cream Cookie - Chocolate Chip Cookie, Ice-Cream & Chocolate Sauce - €6.50 {1,3,6,7}

Stables Sundae - Ice Cream, Chocolate Sauce & Homemade Biscuit - €6.50 {1,3,6,7,8-Hazelnut}

Ice-Cream - Scoop of Vanilla Ice-Cream -€3.00 {6}
(Plant-based available by request)

TEA & COFFEE

- Tea - €3.30 / Iced Tea - €4.50 {Peach or Lemon}
- Herbal Tea - €3.70 {Green, Berry, Camomile, Earl Grey, Rooibos, Mint or Decaf}
- Espresso / Double Espresso - €3.60 (Macchiato + 20c)
- Flat White / Cortado / Latte / Cappuccino - €4.20
- Chai Latte (Vanilla or Spiced) - €4.20
- Iced Americano - €4.00 / Iced Latte - €4.50
- Kids Hot Choc - €3.80 / Hot Chocolate - €4.50 (mallows & cream + 50c)

The Stables Café Menu

AFTERNOON TEA



Mount
Congreve
Gardens

SPRING AFTERNOON TEA

€35.00pp

SAVOURY SANDWICHES

Fresh Irish Prawns in Marie Rose Sauce on
Brown Bread

~

Free-range Irish Egg Mayo & Cress Club
Sandwich

~

Fresh Irish Salmon on Brown Bread.

~

Caprese Skewers

~

Coronation Chicken Sandwich

SWEET

Fresh Baked Fruit Scones with whipped Cream,
Butter,
Homemade Raspberry Jam

~

Almond Cake

~

Chocolate & Beetroot Brownie with Poppy Seeds

~

Selection of Macarons

AFTERNOON TEA

Allergens: 1. Wheat/Gluten, 2. Crustacean, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soy, 7. Milk, 8. Nuts,
9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphites, 13. Lupin, 14. Molluscs

Exclusive Events

THE STABLES EVENTS



Mount
Congreve
Gardens

THE STABLES CAFÉ

The Stables Café offers a cosy and inviting atmosphere, with its warm country-style surroundings. We have a range of delicious and wholesome options to cater to different tastes and preferences. The extensive menu features a variety of dishes made with fresh, locally sourced produce, with a focus on using fruits, vegetables, and herbs from our own gardens whenever possible.

The charming and relaxed setting, coupled with a commitment to freshness and quality, allows for a delightful dining experience – perfect for number of occasions.

Room surface: 140m2

Theatre	400
Banquet	300
Cocktail	400

"We started our day in the Stables Café, the food was excellent and there was truly something for everyone. The atmosphere was comfortable and the service very friendly." -

Anthony August 2023

— Exclusive Events

THE TACK ROOM



Mount
Congreve
Gardens

THE TACK ROOM

The Tack Room is an intimate space that offers privacy, allowing guests to connect and interact in a relaxed environment. Surrounded by gardens and wildlife, the Tack Room offers a tranquil and peaceful atmosphere that can enhance relaxation and provide a refreshing change of scenery.

This room is the ideal setting for corporate days, allowing for bonding and meaningful conversations to take place, away from the distractions of a larger venue. The combination of its restored charm, natural surroundings, and intimate atmosphere sets the stage for a special and memorable occasion.

Room Dimensions : 15m2

Theatre	-
Boardroom	10
Banquet	15
Cocktail	15

*"A truly magnificent offering of finger sandwiches and homemade cakes, this was a special occasion for us and the afternoon tea at Mount Congreve only enhanced the day" - Shirley
Sept 2023*



Mount
Congreve
Gardens