

The Stables Café Menu

BREAKFAST



Mount
Congreve
Gardens

GRAINS

Porridge (V) - Flahavan's Milled Organic Oats served with:

- **Bee Keeper** - Mileeven Honey & Seeds

or

- **Brambles** - Berry Compote & Natural Yogurt

€8.00 {7,8}

Yoghurt & Granola (V) - Our homemade probiotic yoghurt served with preserve & granola

€7.50 {1,7,8}

GRILL

The Mini - Fried Egg, Sausage, Sautéed Potatoes, Black Pudding, Tomato Chutney & Sourdough Toast

€12.00 {1,3,7,10,12}

The Works - Fried Free Range Duck Egg, Black Pudding, Lisduggan Farm Pork Sausages, Dry Cured Bacon, Grilled Mushroom, Tomato Chutney, Sautéed Potatoes & Sourdough Toast

€16.00 {1,3,7,10,12}

Garden Breakfast (V) - Homemade Baked Cannellini Beans, Mushroom Stuffed with Roast Pepper Quinoa, Root Veg Lox, Rocket & Sunflower Seed Pesto, Tomato Chutney & Sourdough Toast. *(Add Bacon + €4)*

€15.00 {10}

Waterford Blaa - Walsh's Bakehouse Blaa [floury bap], Filled with Grilled Bacon, Sausages, Fried Free Range Egg, Caramelised Onions & a dollop of Spiced Ketchup.

€11.50 {1,3,7,10,12}

(+ Add Sauteed Potatoes €3.50)

BAKED

Scones - Freshly baked with Fresh Cream & Preserves - €4.5

{1,3,7}

CRACKED

Eggs & Toast - Two Scrambled Free Range Eggs on Sourdough Toast Slices with Chives & Crème Fraîche

€9.50 {1,3,7,12}

+ Sausages (2) €4.0

+ Bacon (2) €4.0

Greenway Eggs - Poached Free Range Hen's Eggs, Wilted Greens on Homemade Potato Farl with Red Onion Jam, & Herbed Yogurt

(Add Chorizo + €3.5)

€13.50 {1,3,7,10,12}

Omelette - Three Egg Omelette with Soft Goat's Cheese, Garden Greens with Grilled Lisduggan Farm Bacon & Sourdough Toast

€15.00 {1,3,7}

FLIPPED

Pancakes - Three Pancakes Topped with; {1,3,7,12}

- **Traditional Lemon Wedge & Sugar** - €12.00
- **Mixed Berry Compote & Fresh Cream** - €14.00
- **Organic Maple Syrup & Grilled Bacon** - €14.50

{1,3,7,12}

French Toast - Traditional Style Topped with; {1,3,7,12}

- **Mixed Berry Compote & Fresh Cream** - €14.00
- **Maple Syrup & Grilled Bacon** - €14.50

{1,3,7,12}

Pork Sausages (2) - €4 | Irish Bacon (2) - €4 | Fried Egg - €2
Breakfast Potatoes - €3.5 | Black Pudding Portion - €4
Mushrooms - €3 | Tomato - €2.5 | Berries - €2 | Maple Syrup - €2
Homemade Cannellini Beans - €3 | Toast & Jam - €4

The Stables Café Menu

REFRESHMENTS



Mount
Congreve
Gardens

LEAF

Breakfast Tea - €3.30

Herbal Tea - Choose: Green Tea, Wild Berry, Camomile, Earl Grey, African Rooibos or Decaff €3.70

BEAN

Americano - €4.00

Short Black - €4.00

Double Espresso - €3.60

Macchiato - €3.80

Cortado - €4.20

Flat White - €4.20

Cappuccino - €4.20

Latte / Chai Latte - €4.20

MELTED

Kids Hot Chocolate - €3.80

Milk Hot Chocolate - €4.50

White Hot Chocolate - €4.50

Milk Choc Mocha - €4.80

White Choc Mocha - €4.80

Babyccino - €2.50

Puppuccino - €2.50

ICED

Iced Tea - €4.50 (*lemon or peach*)

Iced Americano - €4.00

Iced Latte - €4.50

Iced Cappuccino - €4.50

CHILLED

Still Water - €3.30

Sparkling Water - €3.30

Coca-Cola - €3.35

Sprite - €3.35

Fanta - €3.35

Fentimens - €4.00

Vit-Hit - €3.80

Kombucha - €4.00

SQUEEZE

Fresh Orange Juice - €4.50

Apple Juice - €4.20

EXTRAS

+ Add Mallows 50c

+ Add Cream 50c

+ Syrup Shot 60c

(vanilla, caramel or hazelnut)

+ Alternative Milk 60c

(almond, oat, soya or coconut)

+ Coffee Shot €1.00

Proudly Supporting our Local Waterford Suppliers;

Seagull Bakery, Walsh's Bakehouse, Mellery Eggs, Lisduggan Farm, Mount Congreve Gardens, Derek Walsh, Knockanore Cheddar, Freezin' Friesian,

— The Stables Café Menu

KIDS BREAKFAST



Mount
Congreve
Gardens

EGGS

Toast & Eggs - Free-range Hen's Eggs & Toast

€6.00 {1,7} (add bacon + €3)

Omelette - Two Egg Cheese Omelette & Toast

€6.00 {1,3,7,12} (add bacon + €3)

BLAA

- **Sausage Blaa** - Lisduggan Farm Sausages with a Toasted Walsh's Blaa or
- **Bacon Blaa** - Lisduggan Farm Bacon with a Toasted Walsh's Blaa

€6.50 {1,3,7,10,12}

PANCAKES

Kids Pancake & Maple Syrup - Two Pancakes topped with Maple Syrup (add bacon + €3)

€7.50 {1,3,7,10,12}

Kids Pancake with Chocolate Sauce - Two Pancakes with Chocolate Sauce (add bacon + €3)

€7.50 {1,3,6,7,8-Hazelnut}

FULL OF GOODNESS

Porridge - Flahavan's Porridge Oats with Mileeven Honey

€6.00 {7}

Yoghurt & Granola (V) - Our homemade probiotic yoghurt served with preserve & granola

€7.50 {1,7,8}

LITTLE BARISTAS

- **Babyccino** - Steamed Milk with Chocolate - €6.00
- **Kids Hot Chocolate** - with Cream & Mini Mallows - €4.00
- **Freshly Squeezed Orange Juice (kids-sized)** - €3.50

Allergens: 1. Wheat/Gluten, 2. Crustacean, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soy, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphites, 13. Lupin, 14. Molluscs

— The Stables Café Menu

CAKES & BAKES



Mount
Congreve
Gardens

TREATS

Chocolate Chip Cookie - €3.50 {1,3,6,7}

Black Sesame Shortbread Biscuits (2) -€3.50 {7,11}

Stables Brownie - Homemade Chocolate & Beetroot Brownie, Poppy Seeds, served with Cream or Ice Cream
€6.00 {1,3,6,7}

Stables Flapjack of Flahavan's Organic Oats & Honey
€3.50 {1,7}

Raw Chocolate & Hazelnut Truffles (3) -€4.50 {8-Hazelnut}

CAKE SLICE

- **Cake of the Day**
- **Cheesecake of the Day**
- **Fruit Tart / Crumble of the Day**

€6.50 {Ask Your Server for Allergen Info}

BAKES

Freshly Baked Scones - Scone of the Day served with Fresh Cream & Preserves

€4.50 {1,3,7}

ICE CREAM

Ice Cream Cookie - Chocolate Chip Cookie, Ice-Cream & Chocolate Sauce - €6.50 {1,3,6,7}

Stables Sundae - Ice Cream, Chocolate Sauce & Homemade Biscuit - €6.50 {1,3,6,7,8-Hazelnut}

Ice-Cream - Scoop of Vanilla Ice-Cream -€3.00 {6}
(Plant-based available by request)

TEA & COFFEE

- Tea - €3.30 / Iced Tea - €4.50 {Peach or Lemon}
- Herbal Tea - €3.70 {Green, Berry, Camomile, Earl Grey, Rooibos, Mint or Decaf}
- Espresso / Double Espresso - €3.60 (Macchiato + 20c)
- Flat White / Cortado / Latte / Cappuccino - €4.20
- Chai Latte (Vanilla or Spiced) - €4.20
- Iced Americano - €4.00 / Iced Latte - €4.50
- Kids Hot Choc - €3.80 / Hot Chocolate - €4.50 (mallows & cream + 50c)



Mount
Congreve
Gardens